

Teaching others is a wonderful opportunity to learn and grow in faith. This activity will help give you the confidence and material you need to teach. Included in these pages are instructions and material for teaching a section of the lesson.

It’s okay to feel anxious about teaching in front of people. When you prepare to teach, the Spirit will help calm you and help you say what the Lord wants your class members to hear. If the thought of speaking in front of people makes you feel overly uncomfortable, stressed, or ill, talk with your Young Women Leader about other options on helping teach this activity. If you have any questions or need help, ask your Young Women Leader or a parent.

**PREPARE:** Read the instructions for Bullet Point #2 from the Learn Together section of the Come, Follow Me lesson outline. For your convenience I have provided them here. When it’s your turn to teach, you will lead your class in this activity.

*Those you teach may benefit by learning more about the four aspects of the work of salvation and exaltation—living the gospel of Jesus Christ, caring for those in need, inviting all to receive the gospel, and uniting families for eternity. They could choose an aspect that they are interested in and explore some of the items related to it under “Supporting Resources.” Let the youth share what they found that inspires them to become more converted to the Lord and help others do the same. They could then make plans to do something that helps accomplish this work. The class or quorum president could lead this discussion.*

Next, read the scriptures and watch the video below. Your assignment has a check mark above it. Take notes on the next page.



### LIVE THE GOSPEL OF JESUS CHRIST

**Read:**

2 Nephi 31:17–21  
3 Nephi 27:13–21

**Watch:**

“Following God”



### CARE FOR THOSE IN NEED

**Read:**

Matt. 25:34–40  
Mosiah 18:8–9

**Watch:**

“You Are the Gift”



### INVITE ALL TO RECEIVE THE GOSPEL

**Read:**

Matthew 5:14–16  
1 Peter 3:15

**Watch:** “Sharing Your Beliefs”



### UNITE FAMILIES FOR ETERNITY

**Read:**

Doc. & Covenants 2 and 128:18

**Watch:**

“Because of James”



**TEACH:** When it's your turn to teach, share a summary of the scriptures and video assigned to you. You don't need to teach for a long time. Your message can be 3-5 minutes long.

After all four Young Women have shared, your Young Women leader will put a poster with a quote from Sister Eubank on the board. It says, "Remember that, in the same way as the Savior, you yourself are one of the best gifts that you can give to other people in need." Invite your class members to use what they've learned so far in the lesson to think of ways you can all participate in the work of salvation and exaltation. Brainstorm together and write ideas on the board. They could include ideas for individuals, ideas for future YW activities, etc.

## NOTES: